Are You Getting It All Done???
If not, think about *why* it's hard to get it all done,
and how you <u>could</u> by your own design…

1st: Write down every day of the week

2nd: Write down what you do on each day

3rd: Write down how much time each obligation takes

4th: Examine what you have in front of you;
- a)   Do you love doing everything you're looking at?
- b)   Are you proud of how you do everything on your sheet?
- c)   Can you continue doing everything there and be more organized about it?

5th: Talk to yourself honestly about what makes you feel good about yourself and what makes you feel badly.
- Getting nagged makes you feel badly, and at some ages is not your parents' job; Solution=be your own boss!
- Doing less than your best makes you feel badly; Solution=put more effort into it!
- Shining as an example to others feels good: strive for that!
- Doing something easy is fun—it gets easier the more you do it: practice lots and lots to get better so it gets easier so you have more fun!

Now: Try a schedule <u>you design</u> for **one month's time**.

<u>In that time, try to stick to it *no matter what*</u>:
there will always be tempting distractions or upsetting obstacles.
<u>*How you get past them to accomplish your goals defines how you grow.*</u>

How do you want to define yourself? You decide!